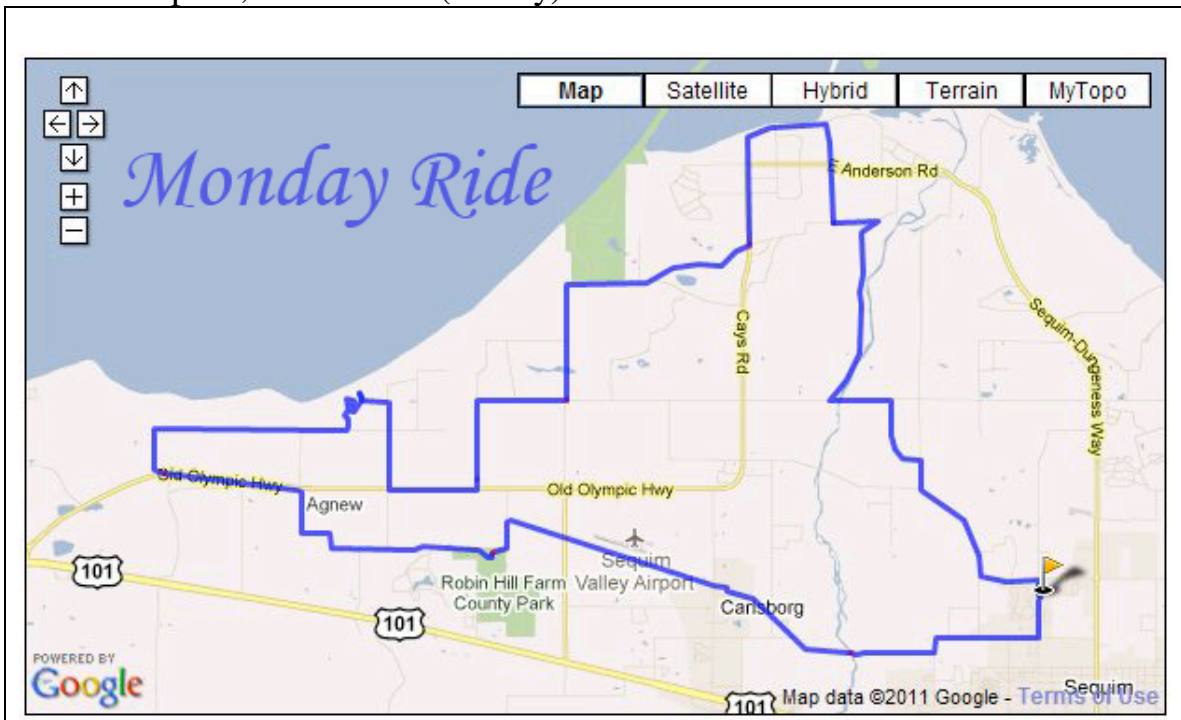
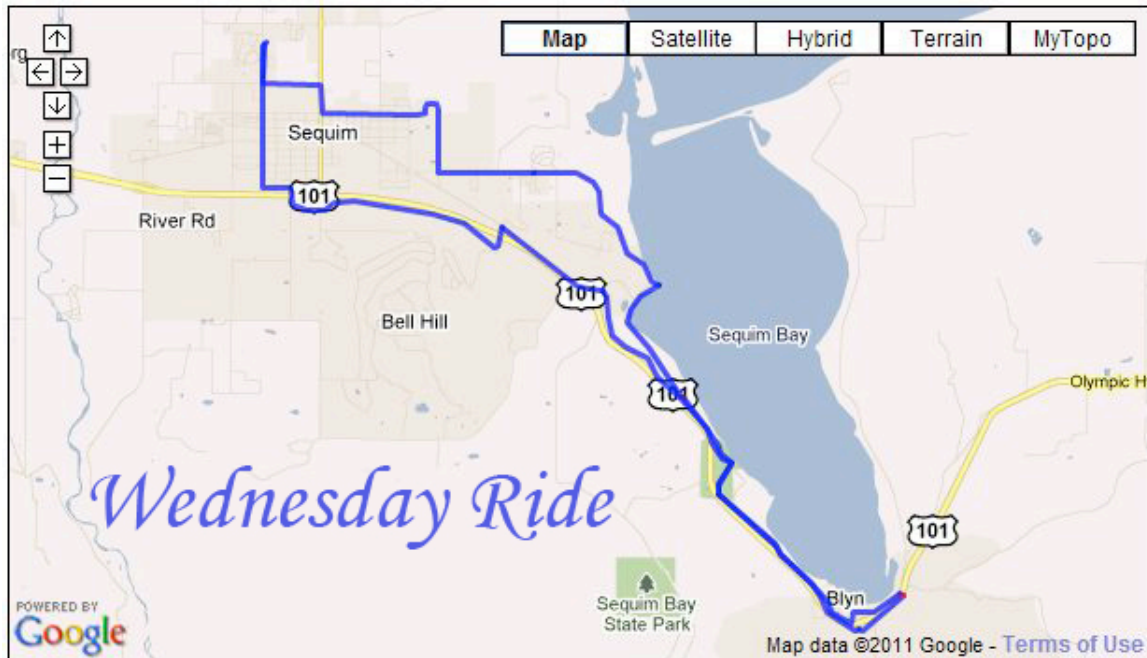


Spoke Folks depart at 9:30AM Monday, Wednesday and Friday from the parking lot at the Sequim Community Church, 950 North Sequim Avenue. Moderate pace, rain cancels (usually) All are welcome.



Monday Ride: ~26 miles



Wednesday Ride: ~22 miles



Friday Ride: ~18 miles